

Youth Mental Health First Aid (YMHFA)

Youth Mental Health First Aid Training

What is YMHFA?

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18.

Monday, February 23, 2026

Wednesday, May 6, 2026

Wednesday, July 1, 2026

Wednesday, October 7, 2026

Time: 7:00am-3:30pm

Register by searching "Youth Mental Health" at Children's National Continuing Education site. Access this site via: <https://ce.childrensnational.org>, or by scanning QR code



Joint Accreditation: In support of improving patient care, this activity has been planned and implemented by Children's National Hospital. Children's National Hospital is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Children's National Hospital Accreditation Provider# 4008362

ANCC Credit Designation Statement: Children's National Hospital designates this activity for a maximum of **6.5** Live ANCC contact hours.



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